

## Kit List & Packing 2008 - Version 01

### Main Packing.

Rucksack containing:

Sheet Liner ( *see note 3 below* )

Warm Jacket

Waterproof Trousers ( *jacket - see "Hand Luggage" list* )

Personal First Aid Kit

Washing Gear & Towel

Torch & Spare Batteries

Spare Socks & Underwear

Spare T-shirts

Spare Trousers

Swim Wear

Shorts

Spare Sweatshirt

Sleeping Wear

Trainers

Old Trainers for Water Activities

Hat for sun ( *see note 4 below* )

Sun Cream ( *see note 4 below* )

Sun Glasses ( *see note 4 below* )

Gloves ( *see note 4 below* )

Waterbottle

### Hand Luggage.

Small Backpack ( *see note 5 below* ) containing

Waterproof Jacket ( *trousers - see "Main Packing" list* )

Packed Lunch & Snacks in sandwich box

Drinks

Entertainment for on coach, such as  
Book? Personal Stereo? ( *see note 6 below* )

Camera?

### Additional Packing.

**Hiking Boots** (in carrier labelled with name)

**Full Uniform** (on hanger and covered with an inverted bin liner or similar – labelled with name)  
**except for District Necker, which should be worn**

**Including trousers, which you will need for parade.**

**Costume**

**This is a basic kit list, other items may be taken to suit individual needs.**

### **NOTES:**

1. All equipment should be packed into plastic bags inside the rucksack.
2. A supply of spare plastic bags is useful for dirty & wet clothing.
3. A **sheet sleeping bag liner**, or a sheet sewn across the base and side to form one is all that is required. The centre and the mountain huts provide blankets so **NO sleeping bag** is required.
4. We are at a higher altitude in Switzerland and the sun can burn you more quickly, so good sun protection is needed.
5. A small backpack is a handy size for hand luggage on the journey, but is also useful for carrying sandwiches, waterproofs etc on trips from the site.
6. Electrical Items:
  - a. A personal stereo might be good for on the journey, but should not be required during the rest of the stay.
  - b. Computer games should **not** be taken.
  - c. Mobile phones should **not** be taken.
    - i. Phone cards to ring the UK can be acquired easily and will cause less of a problem if lost.
    - ii. In case of emergencies, Leaders will have phones available. Home contact and emergency contact details are in place.